



## Music in Healthcare Settings Apprenticeships September 2015 - June/July 2016

### **Context:**

OPUS Music CIC, based in the Midlands UK, is a leading provider of Music in Healthcare settings practice.

OPUS Musicians are currently engaged in long-term music residencies at Derbyshire Children's Hospital (Royal Derby Hospital), Leicester Children's Hospital (Leicester Royal Infirmary), Nottingham Children's Hospital (Queens Medical Centre) and children's wards at Kings Mill Hospital, Sutton in Ashfield. In addition, OPUS also has delivered a long-standing residency at Sheffield Teaching Hospitals (adults) along with a residency at Nottinghamshire Hospice (adults). OPUS has also been working with young musicians (aged 14-18) to take music-making into elderly residential care settings across Derbyshire.

OPUS musicians visit the healthcare settings on a regular basis to make music for and with patients, residents, visitors and staff in wards, waiting rooms, day rooms, intensive care (including neonatal), high dependency and accident and emergency departments amongst others.

OPUS musicians act as advocates for high quality Music in Health practice, providing training for musicians and healthcare staff, sharing and discussing practice, and bringing together clinical and cultural partners to increase the understanding of the benefits of music-making in healthcare settings. In November 2013, OPUS hosted a Music in Healthcare conference, attended by over eighty delegates from across the UK and beyond. The second of these events will take place on 16th July 2015 at the Royal Derby Hospital, with a third planned for June/July 2016.

Music in Healthcare Settings is an innovative approach to the use of music in healthcare contexts for cultural rather than clinical purposes. It has been pioneered over the last 18 years by musicians of Musique & Santé in Paris.

OPUS Musicians are trained by Musique & Santé through European Commission funded exchange and training programmes. Lead trainer Nick Cutts has vast experience of music in healthcare practice, having delivered and observed practice in healthcare settings in the UK, France, Ireland and Poland. Nick has also been trained as a trainer of musicians in healthcare settings through a partnership between Musique & Santé and Royal Northern College of Music and has delivered highly acclaimed training courses to musicians and healthcare professionals from across the UK and beyond.

## **The Apprenticeships:**

As part of a programme of continuing organisational and workforce development, we are offering four paid Music and Health apprenticeships from September 2015 to June/July 2016. This will be the second year of this programme, following a successful programme of apprenticeships during the year 2014-2015.

The aims of these apprenticeships are:

- To support Apprentices in developing their own, high quality Music in Healthcare practice beyond this programme of activity.
- To build a skilled workforce of practitioners delivering and advocating for Music in Healthcare practice.
- To explore the potential of OPUS Music CIC hosting a network of self-sustaining, peer-mentored practitioners operating under the title 'OPUS Associate Musician'.

Apprenticeships will be consist of the following elements (timetable attached):

### **1. Music in Healthcare Mentored Practice**

Twenty days (Leicester, Derby, Nottingham) or twenty-five half-days (King's Mill) mentored practice in children's hospitals alongside OPUS Musicians/Trainers. Your practice will be based in one hospital only, though there is some flexibility to swap some dates to visit other hospitals if required/appropriate.

### **2. Five Programme Development Days**

These will take place in Derby involving all Apprentices and Mentors from 9.30am-3.30pm each day, focussing on the development of your own Music in Healthcare settings practice and your 'toolbox' for its delivery, along with reflection on this practice.

### **3. Four Peer Mentoring days**

To take place throughout the programme (dates to be set by yourself in partnership with peers and mentors) to focus on individual strengths and weaknesses.

### **4. One-day Music in Healthcare Conference**

Involvement in this public event hosted by OPUS Music CIC and taking place in Derby in June/July 2016. Date and venue to be confirmed.

## **Conditions for Apprentices:**

Apprentices will be expected to commit to the entire apprenticeship programme. Should an Apprentice drop out of the programme at any point (except under exceptional circumstances), OPUS Music CIC will reserve the right to withhold any further payments, and to reclaim any payments made as part of this programme to date, together with reasonable costs associated with re-advertising and recruiting to this programme.

Apprentices will need to have an enhanced DBS (CRB) check dated within the last 2 years. We can help to obtain this if required.

Apprentices will be paid as follows:

- £110 per day for practice in Leicester, Derby, and Nottingham and for development days, peer mentoring days and for the symposium)
- £60 per half day for practice in Kings Mill Hospital
- In addition, Apprentices will be paid up to a maximum of £15 per day/half day in travel expenses for hospital-based practice, and up to a maximum of £20 per day in travel expenses for development days, peer mentoring days and for the symposium (based on 35p per mile)
- Parking costs (where incurred) will also be reimbursed based on hospital car parking costs
- Apprentices will be paid as self-employed practitioners and will be liable for their own tax and National Insurance payments

Apprentices will be asked to sign a letter of agreement detailing the above conditions before commencing the apprenticeship.

## **Selection Procedure:**

Applications are open to:

- Past trainees who have previously taken part in an OPUS delivered/supported four or five-day Music in Healthcare training programme
- Past trainees who have previously taken part in an OPUS delivered/supported long-term Music in Healthcare mentoring programme.
- Musicians who are able to demonstrate a similar level of knowledge and experience as gained through the above. For more information on areas covered during these courses, please get in touch with us using the contact details below.

Initial application will be via an application form, available to download from the OPUS Music CIC website. As part of this application process you will be asked to indicate your preferred venue for your hospital practice as part of the apprenticeship.

Applicants successful at this stage will be invited to an interview/audition in Derby on **Friday 12th, Monday 15th or Tuesday 16th June 2015** (please indicate your availability on the application form). Please note the majority of interview/audition places are available on Monday 15th June. We are not able to offer any fees or expenses for attendance at this interview.

The deadline for applications is **midday on Friday 5th June 2015**.

Applications should be emailed to: **apprenticeship@opusmusic.org**  
or posted to: OPUS Music CIC, 3 Dodgewell Close, Blackwell, Alfreton, Derbyshire, DE55 5BH

### Contact details:

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