



## **MUSIC IN HEALTHCARE SETTINGS TRAINING**

**Chalvey Community Centre, Slough**

**and Wexham Park Hospital**

**13<sup>th</sup>, 14<sup>th</sup>, 15<sup>th</sup>, 16<sup>th</sup>, 17<sup>th</sup> April 2015**

### **Background**

**Slough Music Service** is the local music service for Slough, Berkshire, and lead organisation of the Slough Music Education Hub. SMS is a not for profit service, part of Slough Borough Council's Education and Children's Services and funded by central government. We provide music lessons, training and events in and outside school for children and young people in Slough. Slough Music Service is proud to work with the children, young people and staff in Slough's schools, and with those in the community, to provide enhanced music services for all. Slough Music Service has received funding from Youth Music to run a music and health project, to include a specialised training course for music leaders based in the south east.

**OPUS Music CIC** is currently engaged in music residencies at Derbyshire Children's Hospital, Leicester Children's Hospital (Leicester Royal Infirmary), Nottingham Children's Hospital (Queens Medical Centre) in Nottingham and Kings Mill Hospital (Children's) in Sutton in Ashfield. In addition, OPUS also has a long-standing residency at Sheffield Teaching Hospitals (adults), and has recently completed a residency at Nottinghamshire Hospice and worked with young musicians (aged 14-18) taking music-making into elderly residential care settings across Derbyshire.

OPUS musicians visit the healthcare settings on a regular basis to make music for and with patients, residents, visitors and staff in wards, waiting rooms, day rooms, intensive care (including neonatal) and accident and emergency departments amongst others.

These residencies are supported by funding from Youth Music, Derbyshire Children's Hospital Charity, Nottinghamshire County Council, Zest Arts for Health and Sheffield Town Trust with additional support from all partner hospitals and Derbyshire City and County Music Partnership.

In addition, OPUS has support from Arts Council England to support short-term training and longer-term apprenticeships (year-long) for musicians who already work in, or have an interest in working in healthcare settings.

Music in Healthcare Settings is an innovative approach to the use of music in healthcare contexts for cultural rather than clinical purposes. It has been pioneered over the last 18 years by musicians of Musique & Santé in Paris.

OPUS musicians are trained by Musique & Santé through European Commission funded exchange and training programmes. Lead trainer Nick Cutts has vast experience of music in healthcare practice, having delivered and observed practice in healthcare settings in the UK, France, Ireland and Poland, Nick has also been trained as a trainer of musicians in healthcare settings through a partnership between Musique & Santé and Royal Northern

College of Music and has delivered highly acclaimed training courses to musicians and healthcare professionals from across the UK and beyond.

### **Overall objectives of the training**

The key objectives are:

- Introduction to and exploration of the skills and competences required of musicians for delivering music-making activity in healthcare settings
- Increase of skills, knowledge and experience of music leaders, enabling them to work effectively and sensitively with children and young people in healthcare settings
- Development of new competences for trainee musicians

The programme will have the additional benefit of:

- Humanising the hospital environment for patients, visitors and staff

### **Training sessions**

- Five days (including two half-days of music-making at Wexham Park Hospital). These will take place from 9.30 am to 4.30 pm on 13<sup>th</sup>, 14<sup>th</sup>, 15<sup>th</sup>, 16<sup>th</sup>, 17<sup>th</sup> April 2015.
- The training will consist of theoretical knowledge acquisition, group and individual musical work and practical work in the field (musical actions in healthcare settings for hospitalised patients)
- Whilst this training programme will focus primarily on working with hospitalised children and young people, the theoretical background and practice will also be of benefit to those who wish to work with other age groups and in other healthcare settings.

Following the training, Slough Music Service is planning to recruit a small number of music leaders for longer term paid music activity at the hospital. At this stage we are looking at a commitment of approximately 2 hours per week for up to 39 weeks. Completion of this training course is a requirement for making an application. Please note that we expect considerable competition for places, and cannot offer any guarantee of paid work beyond the training course.

### **Training description**

Each location, patient, member of care staff and each ward are unique. The approaches, methods and presence of music in health settings can vary from providing music at the patient's bedside to regular workshops, performances and artistic residencies.

For the musician's work to be part of an open and flexible dialogue between health and cultural sectors, it is necessary that musical interventions be adapted to each situation. This particular context requires the musician to think about their own place and interventions in an original way as playing music in health settings involves theoretical and practical competences that have to be reinvented in every moment.

The sessions will be delivered by experienced musicians/trainers from OPUS. A maximum of eight trainees will be accepted onto the training course.

### **Objectives**

- Understand the place of music and of the musician in healthcare settings
- Identify and explore the theoretical and practical competences necessary to carry out high-quality musical actions

- Explore and reflect upon methods and approaches of musical actions in health settings
- Explore musical techniques (vocal/instrumental repertoire, appropriate instruments, improvisation)
- Develop spatial awareness and interaction with patients and families
- Explore the importance of partnership with health institutions and care staff
- Understand ethical principles underpinning the practice

### **Conditions for musicians**

- Compulsory attendance at all training sessions - five days in total.
- An enhanced DBS (CRB) check dated within the last two years (we can help to obtain this if required).
- Musicians are required to contribute £120 towards the costs of the training\*. Lunch and light refreshments will be provided. No support is available towards the costs of travel or accommodation, though we are happy to offer advice if required.
- Successful applicants will be required to sign a contract of commitment to the course.

Musicians will receive a certificate of attendance.

\* Please note that this course is heavily subsidised.

### **Criteria for selection of trainees**

#### **Necessary criteria:**

- **instrumental ability** (accompanying, instrumental play); suitable instrument for a healthcare environment and easily portable *and / or* **vocal ability** (knowledge and usage of suitable repertoire, vocal improvisation)
- **creative ability** (improvisation, listening & creative response to groups/individuals)
- **communication skills**
- **interpersonal skills**
- **desire to learn**
- **applicants must be aged 18 or over**

#### **Desirable criteria:**

- previous musical experience in healthcare settings

#### **The following details should be submitted:**

- A completed application form (download from Slough Music Service's or OPUS Music's website)

The deadline for applications is 4.00 pm on **Thursday 12 February 2015**. Please note that limited places are available.

**Please send completed applications to Laura Sawyer, Acting Head of Slough Music Service, Slough Music Service**

Email: [laura.sawyer@beechwood.slough.sch.uk](mailto:laura.sawyer@beechwood.slough.sch.uk)

Web: [www.sloughmusicservice.co.uk](http://www.sloughmusicservice.co.uk)

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