

# Music in Healthcare Settings Apprenticeships September 2017 - June/July 2018

#### Context:

OPUS Music CIC, based in the Midlands UK, is a leading provider of Music in Healthcare settings practice.

OPUS Musicians are currently engaged in long-term music residencies on children's wards at Derbyshire Children's Hospital (Royal Derby Hospital), Leicester Children's Hospital (Leicester Royal Infirmary), Nottingham Children's Hospital (Queens Medical Centre) and Kings Mill Hospital, Sutton in Ashfield. In addition, OPUS has long-term residencies working on older people's wards at Leicester Hospitals (Leicester Royal Infirmary, Glenfield and General Hospitals) and at Kings Mill Hospitals.

OPUS musicians visit the healthcare settings on a regular basis to make music for and with patients, residents, visitors and staff in wards, waiting rooms, day rooms, intensive care (including neonatal), high dependency and accident and emergency departments amongst others.

OPUS musicians act as advocates for high quality Music in Health practice, providing training for musicians and healthcare staff, sharing and discussing practice, and bringing together clinical and cultural partners to increase the understanding of the benefits of music-making in healthcare settings. OPUS has hosted Music in Healthcare conferences, attended by delegates from across the UK and beyond in 2013, 2015 and 2016. A Music in Healthcare network emerging from these conference has resulted in the creation, with OPUS' support, of the National Alliance of Musicians in Healthcare (NAMIH) for which OPUS will co-host conferences in London in 2017 and in Liverpool in 2018.

Music in Healthcare Settings is an innovative approach to the use of music in healthcare contexts for cultural rather than clinical purposes. It has been pioneered over the last 20 years by musicians of Musique & Santé in France.

OPUS Musicians are trained by Musique & Santé through European Commission funded exchange and training programmes. Lead trainer Nick Cutts has vast experience of music in healthcare practice, having delivered and observed practice in healthcare settings in the UK, France, Ireland and Poland. Nick has also been trained as a trainer of musicians in healthcare settings through a partnership between Musique & Santé and Royal Northern College of Music and has delivered highly acclaimed training courses to musicians and healthcare professionals from across the UK and beyond. All OPUS musicians are skilled and experienced trainers, and have delivered highly-regarded training over the past 6 years to over 120 musicians.

## The Apprenticeships:

As part of a programme of continuing organisational and workforce development, we are offering four paid Music and Health apprenticeships from September 2017 to June/July 2018. This will be the third year of this programme, following a successful programmes of apprenticeships during the years 2014-2015 and 2015-2016.

The aims of these apprenticeships are:

- To support Apprentices in developing their own, high quality Music in Healthcare practice beyond this programme of activity.
- To build a skilled workforce of practitioners delivering and advocating for Music in Healthcare practice.

Past Apprentices have, during their apprenticeships, developed programmes of continuing practice at various healthcare settings, including at Great Ormond Street and Alder Hey Children's Hospitals. Four new organisations have emerged from the Apprenticeship programme, all of which are engaged in high-quality Music in Healthcare practice.

Apprenticeships will be consist of the following elements (timetable attached):

## 1. Eighteen days of Music in Healthcare Mentored Practice

Made up of full days at Leicester, Nottingham and Derby Hospitals and half days at Kings Mill in paediatric and older people's hospital settings alongside OPUS Musicians/Trainers. You will be expected to plan your visits with OPUS to suit your training needs and interests, spreading your practice dates throughout the programme.

#### 2. Five **Programme Development Days**

These will take place in Derby involving all Apprentices and Mentors from 9.30am-4.00pm each day, focussing on the development of your own Music in Healthcare settings practice and your 'toolbox' for its delivery, along with reflection on this practice.

# 3. Two Peer Mentoring days

To take place throughout the programme (dates to be set by yourself in partnership with peers) to focus on individual strengths and weaknesses.

## 4. One-day Music in Healthcare Conference

Involvement in this public event co-hosted by OPUS Music CIC and taking place at Alder Hey Children's Hospital, Liverpool in June/July 2018. Date to be confirmed.

# **Conditions for Apprentices:**

Apprentices will be expected to commit to the entire apprenticeship programme. Should an Apprentice drop out of the programme at any point (except under exceptional circumstances), OPUS Music CIC will reserve the right to withhold any further payments, and to reclaim any payments made as part of this programme to date, together with reasonable costs associated with readvertising and recruiting to this programme.

Apprentices will need to have an enhanced DBS (CRB) check dated within the last 2 years. We can help to obtain this if required.

Apprentices will be paid as follows:

- A total fee of £2925 to be paid in monthly instalments on receipt of invoice
- In addition, Apprentices will be paid up to a maximum of £20 per day/half day in travel expenses for hospital-based practice, development days, peer mentoring days and for the conference (based on 35p per mile). Parking costs (where incurred) will be reimbursed based on hospital car parking costs.
- The maximum payable expenses will be capped at £580
- Apprentices will be paid as self-employed practitioners and will be liable for their own tax and National Insurance payments

Apprentices will be asked to sign a letter of agreement detailing the above conditions before commencing the apprenticeship.

#### **Selection Procedure:**

Applications are open to:

- Past trainees who have previously taken part in an OPUS delivered/supported four or five-day
   Music in Healthcare training programme
- Past trainees who have previously taken part in an OPUS delivered/supported long-term Music in Healthcare mentoring programme.
- Musicians who are able to demonstrate a similar level of knowledge and experience as gained through the above. For more information on areas covered during these courses, please get in touch with us using the contact details below.

Initial application will be via an application form, available to download from the OPUS Music CIC website.

Applicants successful at this stage will be invited to an interview/audition in Derby on **Thursday 29**<sup>th</sup> **June 2017.** We are not able to offer any fees or expenses for attendance at this interview.

The deadline for applications is midday on Thursday 8<sup>th</sup> June 2017.

Applications should be emailed to: apprenticeship@opusmusic.org or posted to: OPUS Music CIC, 3 Dodgewell Close, Blackwell, Alfreton, Derbyshire, DE55 5BH

## **Contact details:**

Nick Cutts, Director, OPUS Music CIC

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