

## Working together to bring more music into Children's Hospitals

### Would you like to...?

- Use more music in your work?
- See / hear more music in your hospital?
- Use recorded music with purpose?
- Control your working sound environment?
- Sing (and use instruments) with your patients and colleagues and find new creative ways to use your voice whilst delivering care?

### *You don't need to think of yourself as musical*

*We'd love to work with everyone, including those who  
find it hard to find a musical bone in their body!*

### Who we are and what we do...

OPUS Music CIC are trained professional musicians who have worked in paediatric hospital settings since 2010. We bring cultural encounters into clinical environments. We play and sing for young people to listen to or join in with at bedside, on wards, in intensive care and neonatal units. Building on these years of experience, and as part of our 10<sup>th</sup> Anniversary work, we are investigating ways to facilitate more music in Healthcare contexts.

### You are invited to join us and help...

Would you like to be part of the development of this innovative, exciting and emergent practice in this country? You can help shape its future and enable more staff to use music with young people in hospitals. We will be consulting with healthcare staff, such as yourself, on how to further embed the use of music in the hospitals in which we work.

### Your commitment...

- Spending pockets of time with OPUS alongside you on the wards: time to reflect on our shared music-making practice and time to try some musical ideas out in your role as you feel appropriate
- Feeding back ideas to help OPUS develop a training programme and curriculum for the use of Music in Paediatric Healthcare. This will reflect the needs of a wide range of healthcare staff and whatever best suits the reality of your working environment
- Developing strategies or activities to take away and try, tailored to your work and capacity
- Joining OPUS for a small part or as much time as you can offer to fit around your current work commitments over the course of this 18-month project.



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## Staff Questionnaire: 'Use of Music in Care Practice'

OPUS Music CIC is conducting a survey to find out about hospital staffs' musical skills and confidence. We'd be very grateful if you could take a minute to answer the questions below.

### 1. Do you currently use music in your care practice in any way?

Yes  No

### 2. If you do use music as part of your care practice, how often do you...

Play recorded music or radio	<input type="checkbox"/> Daily	<input type="checkbox"/> Weekly	<input type="checkbox"/> Rarely	<input type="checkbox"/> Never
Make playlists for patients or spaces	<input type="checkbox"/> Daily	<input type="checkbox"/> Weekly	<input type="checkbox"/> Rarely	<input type="checkbox"/> Never
Sing / hum along with recorded music	<input type="checkbox"/> Daily	<input type="checkbox"/> Weekly	<input type="checkbox"/> Rarely	<input type="checkbox"/> Never
Sing / hum for patients	<input type="checkbox"/> Daily	<input type="checkbox"/> Weekly	<input type="checkbox"/> Rarely	<input type="checkbox"/> Never
Sing / hum with patients	<input type="checkbox"/> Daily	<input type="checkbox"/> Weekly	<input type="checkbox"/> Rarely	<input type="checkbox"/> Never
Sing / hum for self care	<input type="checkbox"/> Daily	<input type="checkbox"/> Weekly	<input type="checkbox"/> Rarely	<input type="checkbox"/> Never
Play an instrument for or with patients	<input type="checkbox"/> Daily	<input type="checkbox"/> Weekly	<input type="checkbox"/> Rarely	<input type="checkbox"/> Never

### 3. Are there any other ways in which you use music in your care practice? Please specify:

**4. To what extent do you agree with the following?**

**I like listening to music**

Strongly disagree    1    2    3    4    5    Strongly agree

**I like sharing music with other people**

Strongly disagree    1    2    3    4    5    Strongly agree

**I notice the sounds of my working environment**

Strongly disagree    1    2    3    4    5    Strongly agree

**I enjoy singing / humming**

Strongly disagree    1    2    3    4    5    Strongly agree

**I am comfortable singing / humming in the company of others**

Strongly disagree    1    2    3    4    5    Strongly agree

**I can play a musical instrument**

Strongly disagree    1    2    3    4    5    Strongly agree

**I am familiar with different genres and styles of music**

Strongly disagree    1    2    3    4    5    Strongly agree

**I see music as a valuable part of my working life**

Strongly disagree    1    2    3    4    5    Strongly agree

**5. Are you willing to work with OPUS on the development of a Music in Paediatric Healthcare Curriculum and Training Programme?**

Yes     No



**What we need from you now ....**

**Your name:**

**Your email address:**

**Your phone number:**

Please tick as appropriate

I am happy to be contacted by email

I am happy to be contacted by phone

I am happy to be contacted by text

I am happy to be contacted regarding the development of OPUS Music CIC's Music in Paediatric Healthcare Curriculum and Training.

**Your hospital:**

**Your ward:**

**Your role:**

**How you feel about music for yourself?**

**How you feel about music in your work?**

Signed: \_\_\_\_\_

Dated: \_\_\_\_\_

We will never sell your data or pass it on to any third party, and we promise to keep it safe and secure.  
You can change your mind at any time by emailing [contact@opusmusic.org](mailto:contact@opusmusic.org)

Further information on how your data is used and stored can be found on our website at [www.opusmusic.org/privacy](https://www.opusmusic.org/privacy)