

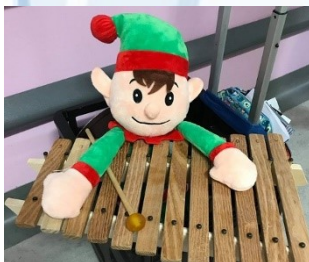
43 days of music in healthcare practice
3 days of sharing practice at national conferences
2 days of training delivery
20 days hosting student medic placements
7.5 days of planning or development activity
Approximately 1400 musical interactions with people



Jezz Lister @JezzLister - Oct 12

'R' being cheered up @SFHFT - what a lovely touch @musichealth

These guys were superb. Not only great musicians, but fantastic with my son. Wonderful touch at a stressful time. I hadn't quite realised the extent of the greatness of this pic. It just shows your true passion for the job at hand. As a parent - I thank you for that.

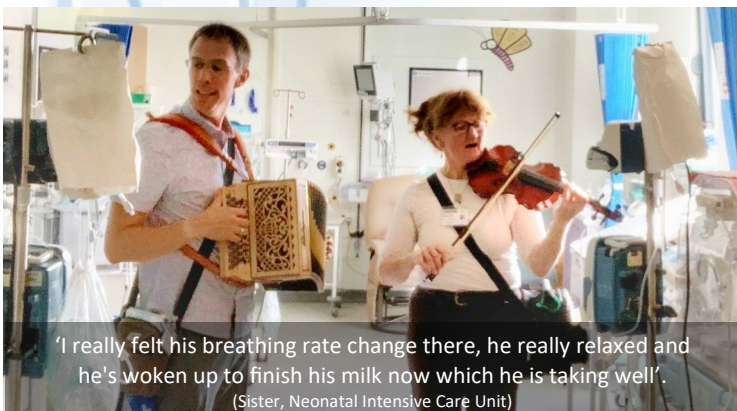


Ward25 @SfhWard25 - Dec 13

(Children's Ward, Kings Mill Hospital, Sherwood Forest Hospitals Trust)

It's friyay! The best day of the week because @music_health visit us! It looks like Buddy has had a brill time joining in. We're not entirely sure he stayed in tune though!

It was really fun. I really enjoyed it. It makes the hospital into a better place. and more fun place.



'I really felt his breathing rate change there, he really relaxed and he's woken up to finish his milk now which he is taking well'.

(Sister, Neonatal Intensive Care Unit)



Lovely to see the OPUS music team in full flow at the Power of Music in Health and Social care conference today @music_health @UniofNottingham (Jane Bentley @rhythmconnects)

InstituteMH @InstituteMH - Nov 4

(Institute of Mental Health, Nottingham University)

Enormously powerful and heartfelt performance from @music_health sharing two of their own songs, with words that reflect on how music affects the people they perform to in health and social care settings #powerofmusicnotts



'Another surprise visit from Oli and Rich today. 'C' admitted in early hours of the morning with virus (hence the face masks) Music and company was amazing. Thank you!' (Parent)

I came to NICU (Neonatal Intensive Care Unit)... and was pleasantly surprised to hear beautiful music coming from one of the side rooms, after a few minutes they came into the nursery room... it was beautiful... they have the most soothing voices I've ever heard... they relax (her) so much and have me in tears of happiness! (Parent of baby)



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SUPPORT US

We rely on grants and donations to deliver our work.
Please consider supporting us by:

- Donating via our donation page: opusmusic.org/donate
- Holding a fundraising event in support of OPUS
- Giving in a loved one's name or memory, or leaving a legacy

We are always keen to talk to local or national organisations and companies which support causes such as ours. If you know of someone who might be able to support us, please let us know!

THANK YOU

GET INVOLVED

Whether you are interested in our training and development programmes, keen to find out how you might be able to get involved, or simply interested in receiving updates, please fill in our mailing list sign-up form here: opusmusic.org/signup

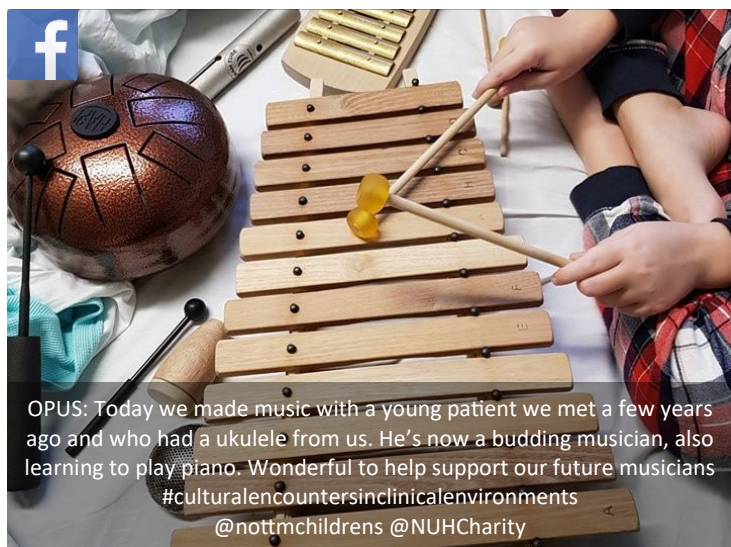
Talk to us about:

Music in Paediatric Healthcare Training/Curriculum Development

Music Care Training Levels 1 and 2

Music in Healthcare Training for Musicians

Our son is currently in the Operating Theatre and we are worried sick.
The music has really helped to distract our worry and has calmed us down.
Beautiful music, we really appreciate it.
I'm sure the staff do too



OPUS: Today we made music with a young patient we met a few years ago and who had a ukulele from us. He's now a budding musician, also learning to play piano. Wonderful to help support our future musicians
#culturalencountersinclinicalenvironments
@nottmchildrens @NUHCharity

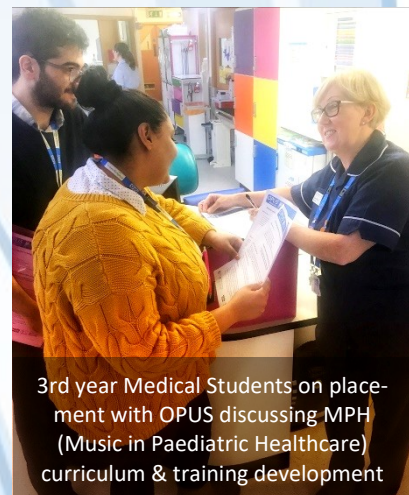
Music Care
TRAINING

Canadian partner Room 217's acclaimed training programme delivered by OPUS



Music in
Paediatric
Healthcare

Excerpts from staff questionnaires, collected during OPUS' practice.
The first stages in the development of a curriculum and training for healthcare staff, for the use of music within their own scopes of practice.



How you feel about music for yourself?

Love it, listen every day, can't sing but love to anyway.

How you feel about music in your work?

Love it when OPUS visit - it changes the atmosphere in the ward. Would relish an opportunity to use it

Matron, Paediatrics, Queens Medical Centre

How you feel about music for yourself?

I LOVE music! This month I have been to 4 live gigs. Music helps me to feel comfortable + relaxed.

How you feel about music in your work?

music can help to put children at ease and help us to build rapport with them.

Physiotherapist, Paediatrics, Kings Mill Hospital

How you feel about music in your work?

many benefits for patients we see the patients with normal range heart rate SaO2 breathing during opus visits.

Deputy Sister, Neonatal Intensive Care, Leicester Royal Infirmary

How you feel about music for yourself?

It is an important part of my life - I play the violin and sing in a local choir.

How you feel about music in your work?

I would love to incorporate it more into my work

Occupational Therapist, Paediatrics, Leicester Royal Infirmary

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MUSIC

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